

Inspire to Rise, Inc. - October 2020 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
		10AM-3PM: VIM Clinic		9AM-12PM: Food Pantry 10AM-3PM: VIM Clinic 6-7 PM: Teen Healing Circle		
4	5	6	7	8	9	10
		10AM-3PM: VIM Clinic		9AM-12PM: Food Pantry 10AM-3PM: VIM Clinic 6-7 PM: Teen Healing Circle		11AM-1PM: A Write to Change Youth Movement - Spoken Word Poetry Workshop
11	12	13	14	15	16	17
9AM-12PM: Bearded Villians - Charity Service Day		10AM-3PM: VIM Clinic		9AM-12PM: Food Pantry 10AM-3PM: VIM Clinic 6-7 PM: Teen Healing Circle		
18	19	20	21	22	23	24
		10AM-3PM: VIM Clinic	5:30 PM-7:30PM: AHEC/Tobacco Free Duval: Quit Your Way	9AM-12PM: Food Pantry 10AM-3PM: VIM Clinic 9AM-5PM: CAN Comm. Health Mobile Unit 6-7 PM : Teen Healing Circle		11AM-1PM: A Write to Change Youth Movement - Spoken Word Poetry Workshop
25	26	27	28	29	30	31
		10AM-3PM: VIM Clinic		9AM-12PM: Food Pantry 10AM-3PM: VIM Clinic		

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Inspire to Rise, Inc.
 5927 Old Timuquana Road, Jacksonville, FL 32210
 1-844-WE-RISE-1 OR 1-844-937-4731
Website: www.weinspiretorise.org
Email: referral@inspiretoriseinc.org

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Free Services

- **Access Applications:** Assistance applying for SNAP benefits, Medicaid, TANF, and other similar programs.
- **Narcan Kits:** Free Narcan Kits as requested or needed sponsored by Jacksonville Fire Rescue Department. Narcan kits are available to help families struggling with drug use and help to prevent overdose within our community.
- **Jewish Family Community Services (JFCS) / Max Block Foundation Food Pantry:** dry-goods food bags available to any families in need.
- **Dispose Rx, Condoms, & Feminine Products:** Available as needed. Dispose Rx kits available to the community as well. Dispose Rx allows families to dispose of leftover medication in a safe way so that it cannot be used by anyone else.
- **Northeast AHEC / Tobacco Free Duval:** group class that offers tools and educational services to help get you started. Participants will learn Tools to Quit Tobacco and may be eligible for free nicotine patches, gum, or lozenges.
- **Center for Children's Rights – Teen Healing Circle:** a support group for youth ages 13-17 years old.
- **A Write to Change Youth Movement:** A workshop for young adults , age 12+ to teach them writing and public speaking skills through spoken –word poetry.
- **Connecting Thru Music (Music Therapy):** FREE Music Therapy classes for children with special needs who are Duval county residents. Music Therapy encourages the growth and development of cognitive skills, socialization skills, sensorimotor skills, and integration. **Offered virtually only.**
- **BBVA Financial Literacy Classes:** Virtual Financial Literacy Classes through BBVA. Classes will be held **virtually via Webex.** Please contact Inspire to Rise for additional information.
- **CAN Community Health Mobile Unit:** HIV and STD Screenings, STD Treatment, HIV specialty medical care, health education, and Ryan White eligibility determination.
- **Volunteers in Medicine:** Free healthcare for the working, noninsured. Services based on employment and other qualifying factors. Open from 10:00 AM to 3:00 PM, Tuesdays and Thursdays every week at the ITR Campus.

Daily Services

- 10 cent printing and copying. Resources and referral, resume, employment application, and ACCESS application assistance.
- ** **Registration is Required.**

Please register for our classes & services as soon as possible.

For questions or more information, please call **1-844-WE-RISE-1** or email referral@inspiretoriseinc.org

