

## Office Equipment and Materials

- 1) Scales for infants, children and adolescents
- 2) Stadiometers: standing and supine
- 3) Growth Charts
  - a) Weight for age
  - b) Length for age
  - c) BMI for age (2-18 yrs)
  - d) Weight for length (0-23 mths)
- 4) Metric conversion charts
- 5) BMI calculators
- 6) Sphygmomanometer (and size appropriate cuffs)
- 7) BP norms by age and gender charts
- 8) Educational and community resource handouts